

# National support

Child Bereavement UK supports families when a baby or child of any age dies or is dying, or when a child is facing bereavement. If you are bereaved, caring for, or concerned about a bereaved child, our bereavement support team is here to take your call and respond to emails 9 am - 5 pm Monday to Friday. **We provide:**

-  A confidential listening service
-  Guidance and information on a wide range of topics and issues
-  Details about the direct support Child Bereavement UK can offer
-  Signposting to other organisations which can offer further support

## Telephone support sessions

We can provide booked telephone support sessions for parents or carers of a bereaved child and for individuals or couples when a baby or child dies.

*I called Child Bereavement UK. Immediately we had the lifeline to make survival possible.*

Bereaved mother

  
Call our helpline  
0800 02 888 40

# Website

On our website you can find information on a range of issues relating to child bereavement, books and articles, a searchable database of helpful organisations and details about the support we offer families bereaved by any cause. The website includes a Family Forum, a place to share experiences with other bereaved families.

*I have been too emotional to speak at any great length to anyone yet, and this forum has helped me through the darkest days of my life.*

Forum user

## Supporting schools

Professionals in schools have a unique role in helping grieving children and young people, as children spend a significant amount of time in school. We can offer support and training to school staff supporting bereaved students.

We also run an awareness programme for primary schools.



elephantsteaparty.co.uk

# Support in Glasgow

Child Bereavement UK provides free support and information to bereaved children and young people up to the age of 25, within the locality and surrounding areas.

## At our centre in North Glasgow we offer:

### Face-to-face support sessions

For children, young people and families.

### Family support groups

These groups allow bereaved families to get together; children aged 4 to 12 can meet other bereaved children with their adult carers and express their feelings through play and creative activities in facilitated groups.

### Young People's Advisory Groups (YPAG)

YPAG encourages bereaved young people aged 11 to 25 to meet in a supportive environment and work together on projects about what they think helps young people who are grieving, based on their own experiences.



*Child Bereavement UK made us believe that there is light not just at the end of the tunnel, but in the middle of it.*

Bereaved father

## Enquiries

Enquiries are welcome directly from families. We also welcome referrals from other agencies if a family has agreed to have their contact details passed on to us. Please get in touch to find out more about what we offer.

*Nothing was going to fill the huge hole in their lives, but they understood they were not alone, and so did I. I always left those meetings feeling better than when I went in.*

Bereaved father who had support with his children, aged 10 and 7

0141 352 9995



## Bereavement support in Glasgow

Contact us

0141 352 9995

Room 5, Maryhill Community Central Halls  
292-316 Maryhill Road  
Glasgow  
G20 7YE

[glasgowsupport@childbereavementuk.org](mailto:glasgowsupport@childbereavementuk.org)

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Charity No in England and Wales 1040419 and Scotland SCO42910



Jamie, aged 9

For families